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Conference proceedings are recommended for scientists and teachers in higher education establishments. They can be used in education, including the process of post - graduate teaching, preparation for obtain bachelors' and masters' degrees.

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TABLE OF CONTENTS

SECTION: ECOLOGY

Nepsha Oleksandr V., Epifantsev Denys E., Koval Dmytro O., Vinnichenko Olena M., Menshalnikov Ivan O. (Zaporizhzhia, Ukraine) GLOBAL ENVIRONMENTAL PROBLEMS OF MANKIND AND WAYS TO SOLVE THEM	5
--	---

SECTION: MEDICAL SCIENCE

Бугаевский Константин Анатольевич (Новая Каховка, Украина) ГЕНЕТИКА И РЯД ИЗВЕСТНЫХ УЧЁНЫХ-ГЕНЕТИКОВ В ОТРАЖЕНИИ НУМИЗМАТИКИ, ФАЛЕРИСТИКИ И БОНИСТИКИ НА ПАМЯТНЫХ МЕДАЛЯХ, МОНЕТАХ И ТЕМАТИЧЕСКИХ ЗНАЧКАХ, БАНКНОТАХ	7
--	---

SECTION: PEDAGOGY

Kabylbekova Z.B., Aldiev A.A. (Astana, Kazakhstan) REQUIREMENTS FOR THE FORMATION OF PROFESSIONAL COMPETENCE OF A FUTURE TEACHER	18
Nepsha Oleksandr V., Hryshko Svitlana V., Prokhorova Larysa A., Levada Olga M., Zavyalova Tetiana V. (Zaporizhzhia, Ukraine) FORMATION OF PUPILS' ENVIRONMENTAL COMPETENCE IN TEACHING GEOGRAPHY IN THE NEW UKRAINIAN SCHOOL	22
Protchenko Andrii A., Tsybulska Viktoriya V., Nepsha Oleksandr V., Sukhanova Hanna P., Protchenko Hanna O. (Zaporizhzhia, Ukraine), Sopotnytska Olena V. (Ternopil, Ukraine) TASKS OF PHYSICAL EDUCATION OF PRIMARY SCHOOL PUPILS IN THE CONDITIONS OF THE NEW UKRAINIAN SCHOOL	24
Егизарян Ануш Карапетовна (Ереван, Армения) ФОРМИРОВАНИЕ ТВОРЧЕСКОЙ ЛИЧНОСТИ ПРИ ОБУЧЕНИИ ДЕКОРАТИВНО-ПРИКЛАДНОГО ИСКУССТВА	26
Ельшибеков Сабыржан Халмаханович (Балқаш, Қазақстан), Смакова Тогжан Сагидуллаевна, Ельшибекова Назерке Халмахановна, Абдуова Назия Мухаммедгалиевна (Қарағанды, Қазақстан) БАСТАУЫШ СЫНЫПТАҒЫ ДЕНЕ ШЫНЫҚТЫРУ САБАҚТАРЫ	32
Таганова А.М., Орынбасарова Б.Б. (Ақтөбе, Қазақстан) ПСИХИКАЛЫҚ ДАМУЫ ТЕЖЕЛГЕН БАЛАЛАРҒА АРНАЛҒАН СЕНСОРЛЫҚ ДАМУЫШЫ ОЙЫНДАР	37

SECTION: TECHNICAL SCIENCE. TRANSPORT

Мищенко Владимир Иванович (Караганда, Казахстан) ВОЗОБНОВЛЯЕМЫЕ ИСТОЧНИКИ ЭНЕРГИИ В СИСТЕМАХ ТЕПЛОСНАБЖЕНИЯ	42
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TASKS OF PHYSICAL EDUCATION OF PRIMARY SCHOOL PUPILS IN THE CONDITIONS OF THE NEW UKRAINIAN SCHOOL

Abstract. *The article deals with the importance of physical education and physical education classes in the formation of a fully developed personality. Attention is focused on the role of physical education in the general educational process, its importance for health promotion, development of motor skills and formation of moral and volitional qualities. The article analyses the concept of physical education in the New Ukrainian School, which is based on an individual approach, partnership pedagogy and the creation of comfortable learning conditions. Particular attention is paid to the formation of a sustainable interest in physical activity in schoolchildren, the use of various forms of physical education and the impact of physical culture on the overall development of society.*

Key words: *physical education, physical culture, students, healthy lifestyle, physical activity, physical fitness, New Ukrainian School, partnership pedagogy, general development.*

Physical education and physical training play an important role in the training of a well-rounded person. The modern pace of life demands that young people take care of their physical improvement, have knowledge of personal and public hygiene, lead a healthy lifestyle, and engage in physical exercise independently and systematically.

Physical education is an organic part of general education and is therefore characterised by all the general features inherent in the educational process, which is aimed at solving certain specific tasks. The main focus of physical education is the formation of a healthy, mentally prepared, socially active, morally stable, physically improved and prepared for the future profession person.

The New Ukrainian Concept (NUS) takes into account the individual abilities of the child and is based on the pedagogy of partnership, cooperation between teacher, student and parents, who will be equal participants in the educational process, which primarily enables the teacher to develop their own author's programmes, methods, strategies and teaching aids [1].

Therefore, one of the main tasks of the school is to take into account the individual abilities of the child, preserve the health of students, the pedagogy of partnership, cooperation between teacher, student and parents, and the creation of psychologically comfortable conditions at school.

In modern conditions, an important task for families and schools in promoting children's health is to develop a strong interest in physical exercise at school and at home. In

this regard, it is necessary to use all forms of physical education at school, as well as independent physical exercises at home in order to increase physical activity, strengthen health, and improve physical fitness of schoolchildren.

In the process of physical education of schoolchildren, various issues are addressed: moral and volitional qualities of the individual are brought up; vital motor actions and the ability to perform them in various conditions are formed; motor qualities are developed [2]. Physical education of younger pupils has its own peculiarities in contrast to physical education of older pupils. However, it is based on the general principles of physical education.

Studying these issues will allow us to better understand the peculiarities of organising physical education of primary school students in NUS.

Physical culture is an important part of the general culture of society, a product of its creative activity. At each historical stage, it undergoes changes depending on the opportunities created by a particular social formation for its development.

Each of us has probably dreamed of being strong, healthy, enduring, agile and courageous, of having an athletic figure, of being able to run fast and long, jump high and far, swim and possess all the skills that are constantly needed in life. We, physical education teachers, will help to make this dream come true. After all, the vast majority of children are born practically healthy. Maintaining and improving children's health in a modern school is quite problematic.

Physical education in secondary schools is aimed at preserving and strengthening the health of students, developing motor skills, increasing the level of physical fitness, and forming value orientations towards a healthy lifestyle.

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