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## PROBLEM OF PERSONAL SELF-DETERMINATION OF YOUTH IN UKRAINE: GENDER ASPECT

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**Keywords:** gender, gender relations, gender identification, gender competencies.

Gender as a systemforming sign of personal acquiring of identity is an important factor of boys' and girls' national understanding of life, their egalitarian realization. In the context of "personality realization genesis" (S. Maksymenko) contemporary psychology focuses on the development of a person in the complex of processes of self development, the harmonization of their inner world with the outer one in terms of social and cultural diversity, caused by the tendencies of globalization (H. Ball, M. Boryshewskiy, T. Hovorun, K. Karpenko, V. Kremen, V. Kravets, A. Maslow, V. Romenets, K. Rodzhers, M. Savchyn, V. Tatenko, T. Tytarenko etc.). Although the practical aspect of the gender identity question is quite "open", however it has a profound inner layer, as it encompasses a lot of unrevealed psychological mechanisms of personal and spiritual development of a human.

*The goal of this research* is to determine gender perceptions of student youth, specifically gender ideals in the self-concept, beliefs about traditional and egalitarian gender roles, and construction of the real and ideal self.

The young age is connected with gender self-determination, establishing of the

behaviour fitting the gender role, and stable image of the "I" of men/women. As Erik Erikson emphasized, "the young age is the most important period of the development, when the main crisis of the identity occurs" (E. N. Erikson, 1956, 98). Uncertainty and indecision in gender identity is dangerous because it can hamper identity development.

*The task of the research:*

1. To establish peculiarities of gender identification and its influence on life choices in young adulthood;
2. To illuminate the determining factors and conditions of the self-determination of young men and women.

The methods for determining gender orientations in the self-concept included the following surveys: ego-identification (J. Marcia, 1970), masculine-feminine behavior (S. Bem, 1975), goal determination and goal pursuit (M. Rokeach, 1968), interpersonal attraction (T. Leary, 1974), and narratives "Me in 20 years", "Who Am I" (M. Kun, McPartland, 1984). Participants were 400 students of pedagogical universities in Kyiv, Ternopil and Chernihiv; men comprised 38% of the sample.

The most influential in the value system and perceptions of the future for both

men and women are family roles; such roles are also dominant in the self-concept descriptions. Men view the ideal image of a woman in more traditional terms than do women themselves – women portray an ideal female as more intellectual and socially advanced. The findings show that while there are many similarities in self-views of young men and women, men is more oriented on traditional male values, whereas women maintain values of both traditional and egalitarian nature.

The present research shows that young women are more oriented on the egalitarian relations whereas young men tend to endorse traditional gender orientations. Gender identity in both samples has perceptibly stereotypical nature, although less so among females. Traditional values are directed against the expansion of individual space of a woman in relation to the professional activities. Women students admit egalitarian with men in the concerning domestic sphere, but they share patriarchal opinions in relation to financial and legal responsibility of a husband. The gender roles selected by young men and women do not fit the “Procrustean bed” of their patriarchal division, as they contain quite a lot of egalitarian constructions of self-determination in professional occupations, identification, and communications. The future of students in their gender scenarios of life can also be described from the point of view of the ambivalent. Inheriting old stereotypes and accepting new, own values, modern students remains on the cross-roads of gender self-determination. Girls are more oriented to the egalitarian relations, than

boys, in whom traditional gender orientations prevail.

Reference gender identity in both selections has perceptibly stereotyped nature. Thus, life self-determination of youths is more conservative, stereotyping: “masculine” one is the activity in social, politic economic spheres, and everything “feminine” continues to be associated with a family, home duties, education of children. Girl-students show liberal options more often, they support the equal division of roles in a family, they want equal rights and possibilities for personal self-realization. These tendencies allow to state the growth of subject feminine potential, outline the psychological prospects of future life creativity of girls-students as the challenge for the traditional stereotypes.

**Conclusion.** This research shows the necessity of creating and implementing the gender policies based on the psychological principles of parity and androgyny of sexes, and on self-development and full vital realization of an individual. Development of gender competencies among young Ukrainians will enable to form a fair attitude towards the capabilities and status of a person regardless of his/her sex and create the possibility for maximum self-realization in mastering some sphere of life activities.

The social construction of gender in youth environment is determined by gender space of contemporary society, it is characterized by double contradiction: on the one hand, a partial solution of the ways of establishment of formal equality and appellation to the natural function of

women, on the other hand – new, alternative system of gender relations based on the principle “equality in difference”, tendency of equal rights and opportunities for self-realization of young men and women as unique subjects of socio-historical event. The tasks of social projects are: the modernization of high education, stimulation of creative work

among students, implementation of gender-sensitive technologies that facilitate the effect of equivalent presence of both male and female in the programs of social and economic development of the region in order to create egalitarian individual who understands the belonging to the Ukrainian people and the European Community.